Sr. Lilly Maria F.C.C., Chairman and President

From the Editors Desk

Editorial

For Christians, the period of Lent is a time for reflection and repentance. Irrespective of one's religion, time spent on reflecting on our lives and actions is important.

Critical or creative thinking are buzz phrases we hear regularly. In this process, the first step is to identify the problem. The identification is crucial, because without correct identification of the problem, solutions will be ineffective, a waste of time and energy. Psychologists will also stress the need to create time and space to understand the course of our life, the ripple impact of our behavior and the impact of others behavior on us. This is vital not only for our personal well being but also the well being of those around us. The two are very often interdependent.

Amidst our busy lives, let us make the time to pause and think about the whats and whys of our life. Wayne Dyer said "If you change the way you look at things, the things you look at change". CS Lewis wrote "You cant go back and change the beginning, but you can start where you are and change the ending". Both are observations worth thinking about.

None of us are perfect. We all make mistakes. Sometimes these mistakes are small, sometimes they can have serious consequences. We often hear that mistakes and failures should not hold us down but a learning opportunity as long as we do not repeat the same mistakes. And so, it is with our moral lapses. We can take comfort from the words of Isaiah 1:18 "Come now, and let us reason together, saith the lord: Though your sins be as scarlet, they shall be as white as snow".

May this period of Lent give all of us time to reflect and "reason together" to find peace.

Sr. Lalitha TeresaEditor

GERIATRIC PALLIATIVE CARE



PROBLEM - Need of palliative care

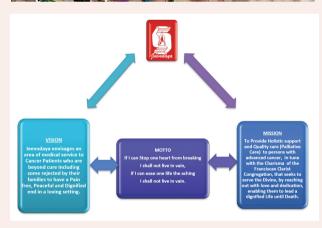
Sick people who are beyond curative stage are usually rejected by hospitals who are concentrating on the cure of the disease. But a patient who is in the advanced stage of the disease also has to be taken care of till the end of his life- which is called end of life care-Palliative care- the home which takes care of such patients is Hospice and not a Hospitalwhich will be a Home away from home for them.

WHERE WE CAN SEE A REAL HOSPICE

The Hospice care actually started in UK. St. Christopher's Hospice UK is the first hospice in the world. From there it has been spread all over the world. In India the first Hospice is Shanthi Avedana, Mumbai and the second in India and first in South India is Jeevodaya Hospice for Cancer Patients at Mathur, Chennai.









WHAT WE CAN SEE AT JEEVODAYA

The first Hospice in South India Jeevodaya is located in a serene, calm village, Mathur, near Manali. This

Hospice comes under Jeevodaya Public Charitable Trust. The Trust is formulated by Franciscan Clarist Nuns of Alvernia province, Kerala, a social worker and a group of Doctors and is established in 1995.





WHO NEED PALLIATIVE CARE

At the onset Palliative care was mainly concentrating on cancer which is considered, in its advanced stage beyond cure, the pain is unbearable and care is difficult to manage.

But in the present situation any patient with any advanced disease or old and bedridden people are in need of Palliative care.

Jeevodaya Hospice Jan - Feb - Mar 2023

WHY THIS NEW PROJECT FOR JEEVODAYA

Jeevodaya Hospice at Mathur admits only cancer patients and has to turn away very many aged persons who are otherwise bedridden and need Palliative Care in an institutional setting. They come from very poor economic and social communities where the family members are forced to make a rough choice – between caring their livelihood and staying at home to take care of their elderly bedridden relative. Old age homes are generally neither willing nor equipped to handle those, who are bed ridden and in need of Palliative Care.

NEW VENTURE- ANOTHER MILESTONE OF JEEVODAYA

Jeevodaya Public Charitable Trust therefore seeks to add another milestone in its journey, by providing holistic 'end of life' care in a new shelter for Geriatric Bed ridden who are in need of Palliative Care whether arising out of disease, illness, accident or just advanced old age. This new venture will truly reflect her inclusive spirit and respect for dignity to life and death.

LOCATION OF THE NEW PROJECT

This new facility will come up in Nemallur, Gummidipoondi Taluk, of Thiruvallur District, Tamil Nadu, where Jeevodaya Public Charitable Trust has acquired 4.6 acres and a community Clinic and Diagnostic centre is functioning with the assistance of a Doctor, a pharmacist and a lab-technician since 2013.





OTHER ACTIVITIES OF THIS CENTRE MEDICAL CAMPS









FREQUENT VISIT TO TRIBAL COLONIES



Distribution of food kits, dresses, etc.





Cultural programs and Games for children





Jeevodaya Hospice Jan - Feb - Mar 2023

GERIATRIC PALLIATIVE CARE HOME, NEMALLUR

The Geriatric Hospice will house 50 to 60 bed ridden elderly and will provide services completely free to all its inmates without any discrimination whatsoever. Therefore as in the case of Jeevodaya Cancer Hospice all inmates will be accommodated in common wards and there will be no special wards. The construction of the new Geriatric Home is in rapid progress with the financial support from our Chairman- Sister Provincial of Alvernia Province and from our benevolent benefactors. But we have to equip the project before the commissioning of the same in August 2023.









X'mas & Pongal Celebrations

















Scan this QR code on your Smart Phone to view the Jeevodaya Anthem on YouTube

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